

## **GROUP REFLECTION IDEAS**

**WEB WE WEAVE:** The group stands in one large circle. Lisa (facilitator) begins the game by asking a question such as, “What is your favorite aspect of being involved in FBLA-PBL?” Lisa (facilitator) answers the question first and then tosses a yarn ball across to another person, while holding onto the end of the yarn. The person answers the question, holds a piece of the yarn, and then tosses it to someone else. Game continues in same fashion, until everyone has shared. By tossing the yarn (or twine) around the group, officers weave a web that connects the entire team in some manner. The facilitator can ask as many questions as appropriate. The facilitator then asks two or three of the team members to “drop” their string. The web begins to sag and appears to be very weak and vulnerable. The facilitator then can discuss how important each participant is to the team and the effect that low levels of involvement and commitment has on the entire team. At the end, the group can kneel down and place the web on the ground. Works well to have a discussion on teamwork. Officers can cut a piece of the string from the web to keep as a reminder of the exercise and the thoughts the team shared.

**PIECE OF THE PUZZLE:** Facilitator should cut a puzzle out of poster board (before activity). There should be one piece for each member of the group. Have officers decorate their piece to represent who they are and what they feel they can contribute to the group. Once officers are done, have them share what they have on their piece. Officers should then assemble the puzzle. Facilitator should initiate a discussion on the power of everyone coming together, how much more of an impact a completed puzzle can have, than separate pieces, and how a final product could not be reached without a contribution from every piece of the puzzle.

**HOMETOWN:** Post a large outline of the country on the wall. Have officers put their hometown and first name on the map. Then ask them to share about their hometown, school, etc. and how they decided to become involved in FBLA-PBL.

**SUPERLATIVES:** Officers are asked to study the composition of the group quietly and to decide on a superlative adjective that describes themselves in reference to the others (youngest, tallest, energetic, quiet leader, etc.). They then tell their adjectives, explain, and, if possible, test their accuracy.

**MASKS:** Officers are given a piece of paper (preferably poster board). They are asked to cut out a face shape (that is fairly large - like the size of a regular face). They can cut out eyes and a mouth if they would like. Officers are then asked to decorate the face. One side represents what they feel people see/know/believe about them (on the outside). The other side represents what he/she feels about themselves (things going on the inside, what people do not necessarily know or see, etc.). The Officers then share with the group if they feel comfortable.

**DISCUSSION:** Have Officers sit down as a team. Instruct them they will be talking about some issues and you will give them new topics every few minutes. Here are some samples:

Talk about the most important thing you have learned through your experience with FBLA-PBL.

What do you like most about FBLA-PBL?

What are the easiest and hardest emotions for you to express and why? (Enthusiasm, sadness, etc.)

What are your strengths that you bring to the National Officer Team?

What are your weaknesses?

How do you like people to approach your weaknesses? (Make suggestions? Will you ask if you need help?)

What is something that *most* people know about you?

What is something that *few* people know about you?

What do you like most about yourself?

What do you value in a Team?

What do you want to be doing in five years?

What is one goal you have for this year?

What is a motto you try to live by?

What is the greatest challenge you are facing?

What do you feel will be your biggest challenge as a National Officer?

What do you value most in life?

## **ON YOUR FEET**

**HUMAN KNOT:** The team starts out in one or two tight circles. Everyone in the group reaches across the circle with their right hand to grab another officer's right hand. The group then reaches in with their left hand to grab a different officer's left hand. The object is to untangle the group without letting go of hands until a circle is formed. If the group is having extreme difficulty, you can administer and break one set of tangled hands (with group consensus), otherwise officers may not let go at any time. You may have to decide as a group that the know is not solvable, after prolonged attempt. NOTE: Can have group do without talking if they are advanced enough.

**WHO AM I...OR FAMOUS PAIRS:** In this exercise, officers will be asked to identify the names of famous pairs or persons. The leader tapes the name of a famous person on the back of each participant. (i.e. Fred Flinstone, Mary Lou Retton, Bill Clinton, etc.) The group member is not to see who is taped to their back. Their task is to find out who they are. The participant's mill around the room asking others yes/no questions. If the member receives a "yes" answer, they can continue to ask that individual questions until they receive a "no" answer. Then they must continue on to ask someone else. When a group member figures out who they are, they take off the tag, put it on the front of their shirt, and write their own name on it. The member then can help other members find out who they are. The exercise concludes when all members have discovered who they are.

**COMIC STRIP CHAOS:** Each officer takes a turn at picking a comic frame out of the large container. After the entire group has each chosen one, the officers begin to search for others with the same comic strip sequence. After the officers have found everyone in their group, they must arrange themselves so that the sequence of frames is in chronological order to form the comic strip correctly. Upon completion of sequence, the newly formed group/team sits down together.

**HUMAN SCAVENGER HUNT:** The paper will have a series of questions on it (in a bingo format - in squares). Officers are required to find another participant who can answer "yes" to a question. They must have that person sign their name within the square. The object is to meet as many people as you can, and fill a "BINGO!" (A complete line either horizontally, vertically, or diagonally) You can only use each participant once. Note: The center circle should be a freebie. Here are some samples:

Knows their zodiac sign

Knows when Martin Luther King's birthday is

Has been a competitive athlete

Has traveled abroad, etc.

**GUESS WHO:** Everyone writes 3 things about themselves (without writing their name) on a piece of paper and drops it into a bowl (hat or whatever). Each officer must pick a

piece of paper and try to find out who that person is without knowing their name. In the process, everyone learns a little about the people that they mistake for the person described. You can have each person tell the rest of the group what they learned about their person.

**HIGH-LOWS:** Have each officer share a high point in their lives and a low point. It can be over a day, week, month, etc. You can also have them draw a time-line of their life including high points and low points with pictures, words and symbols. Have them be creative!